



# Lower Milford News



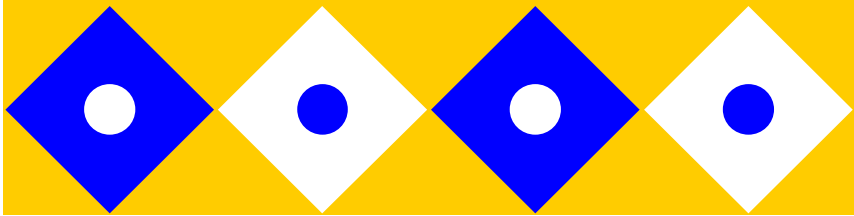
## CALENDAR REMINDERS

- \* January 28 - Teacher In-Service- half day for students. Dismissal at 12:50 PM. PM Kindergarteners attend and eat lunch at school. No school for AM Kindergarten.
- \* February 1 - First grade to *Martha Speaks* play at Parkland HS
- \* February 5 - 3<sup>rd</sup> grade PSSA Writing Field Test (Because this is a field test, the state will not report individual, school or district scores. Students who are absent will not be required to make-up this test.)
- \* Week of February 11 - Jump Rope for Heart during Phys. Ed. Classes
- \* February 15 - School **IS IN SESSION** (weather makeup day)
- \* February 18 - No School (Presidents' Day Holiday)
- \* February 21 - PTA meeting (9:15 AM)
- \* March 1 - Teacher In-Service Day (no school)

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**Date-saver for 2<sup>nd</sup> and 3<sup>rd</sup> grade students and families:** The Lower Milford Spring Music Program, featuring our 2<sup>nd</sup> and 3<sup>rd</sup> grade classes and 3<sup>rd</sup> grade strings, will be held Tuesday, April 30<sup>th</sup>, at 7 PM.

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## HEALTH AND WELLNES NOTES

**RECESS ON COLD WEATHER DAYS:** Children at Lower Milford go outside for recess. Now that the weather has definitely turned colder, we ask that you make sure your children are properly dressed for outdoor play. Socks, hats, gloves, scarves, and winter coats are needed. Sneakers or tie shoes are the safest form of footwear for play purposes.

We use AccuWeather's "Real Feel" temperature and this chart to determine the length of recess on cold weather days:

- If Real Feel Temp. is 15° or higher: Full Outdoor Recess (30 min.)
- If Real Feel Temp. is 5° to 14°: Short Outdoor Recess (15 min.)
- If Real Feel Temp is -5° to 4°: Brief Outdoor Recess (5 min.)
- If Real Feel Temp is < -5°: No Outdoor Recess

We encourage our kids to be active outdoors. As a school, we love to RUN, JUMP and PLAY!



**FEVERS AND RETURNING TO SCHOOL:** Children must be fever free for 24 hours - without the aid of medication, including acetaminophen or ibuprofen - before returning to school.

**VALENTINES:** Please remember our "no edible treats" rule. This includes treats for Valentine's Day. If edible treats are sent with Valentine Cards, we will need to return them to your home with your child.